Abstract

Since the first HIV-cured person was reported in 2009, a strong interest in developing highly sensitive HIV and SIV reservoir assays has emerged. In particular, the question arose about the comparative value of state-of-the-art assays to measure and characterize the HIV reservoir, and how these assays can be applied to accurately detect changes in the reservoir during efforts to develop a cure for HIV infection. Second, it is important to consider the impact on the outcome of clinical trials if these relatively new HIV reservoir assays are incorporated into clinical trial endpoints and/or used for clinical decision-making. To understand the advantages and limitations and the regulatory implications of HIV reservoir assays, the National Institute of Allergy and Infectious Diseases (NIAID) sponsored and convened a meeting on September 16, 2022, to discuss the state of knowledge concerning these questions and best practices for selecting HIV reservoir assays for a particular research question or clinical trial protocol.

Keywords: HIV, SIV, assays, reservoir, clinical trials
**Workshop Goals**

Robert F. Siliciano (Johns Hopkins University) centered his introduction of preclinical workshop goals around the question, “HIV reservoirs: what to measure and when.” A major barrier to cure is a small pool of resting CD4+ T cells that harbor latent HIV.1 Virus remains latent in these cells because inducible host transcription factors required for HIV gene expression including NF-xB, NFAT, and P-TEF-b are sequestered in the cytoplasm or in inactive complexes. Activation through T cell receptors can reverse latency and lead to viral rebound if treatment has been stopped but it can also lead to proliferation without virus production, generating new latently infected cells. Viral reservoir measurements should not only include productively infected cells, but also proviruses with the potential to produce progeny, as detected in assays, such as the Quantitative Viral Outgrowth Assay (QVOA), Intact Proviral DNA Assay (IPDA), or Quadruplex (Q4)-PCR.

The QVOA provides only a minimal estimate of the reservoir size. Some latent proviruses need more than one round of stimulation for induction. Repeated stimulation with antigen in vivo can lead to the formation of large clones; this has been shown most clearly with cytomegalovirus as a driver of clonal expansion. However, viral rebound can also come from minor, undetected variants because only some viruses in the reservoir can replicate in the presence of autologous neutralizing antibodies (aNAbs).2 Thus, rebound involves a complex interaction between viruses in the reservoir and the immune response, particularly aNAbs.

This interaction is not captured by any reservoir assay, except the QVOA performed in the presence of aNAbs. Many studies have emphasized the importance of particular T cells subsets of CD4+ T cells (CD32+, Th1, Th17, Thh, Tscm, central, transitional and effector memory cells, and naive T cells, activated and cytolytic T cells) where HIV is enriched, but there is no clear scientific basis for this claim because only CD4 and coreceptor are required for entry. The Siliciano laboratory has shown that replication-competent virus is present in all memory subsets with more variation between individuals than between subsets. The most important aspect of reservoir assays is distinguishing between intact and defective viruses. Studies by Ya-Chi Ho established that most proviruses persisting in treated patients are highly defective owing to large internal deletions or APOBEC-mediated hypermutation.3 Single-amplicon PCR assays capture mostly defective proviruses. These findings were the motivation for the development of the IPDA, which provides a better quantitative estimate of intact proviruses.4

The time points when to make HIV reservoir measurements are also important. The decay of the latent reservoir in resting CD4 cells in the first decade of treatment is slow with a half-life of 44 months, as shown independently by two laboratories. Detailed studies demonstrated that the decay of intact proviruses is not linear and includes four phases with three inflection points at 3 months, 2–3 years, and 7 years. However, in patients on suppressive antiretroviral therapy (ART) for more than 7 years, subsequent reservoir decay occurs more slowly as confirmed by the QVOA and IPDA measurements. Dr. Siliciano also presented decay curves for SIV and SHIV.

Many cure studies in nonhuman primate (NHP) models are conducted early when the viruses are still decaying relatively rapidly on their own and therefore, adequate control populations are necessary. Dr. Siliciano concluded that reservoir measurements should focus on latent, replication-competent proviruses, which represent the most challenging barrier to cure. Latently infected cells can proliferate without producing virus, generating large clones, but rebound can come from minor variants and any CD4 T cell subset. Decay processes complicate reservoir measurements during the first 2 years of ART. Decay processes, selection processes, and infected cell proliferation after reservoir composition over time, but readily inducible, replication-competent proviruses are present and not declining after more than 20 years of suppressive ART.

John W. Mellors (University of Pittsburgh) covered the workshop’s discussion of clinical goals for reservoir assays. A virologic surrogate marker for HIV cure should either predict a delay in viral rebound or predict a lower set point off ART. The advantages of a surrogate marker are to avoid risks, costs, and delays of an analytical treatment interruption (ATI) and to accelerate the development of interventions that achieve ART-free remission. Before plasma RNA measurements became available, the primary endpoints were reduction in CD4 count, AIDS events, and death. These endpoints were replaced by plasma viral RNA, which was validated as a prognostic biomarker and as a surrogate endpoint for treatment trials.5,6 A biomarker correlation is not necessarily a surrogate marker for clinical outcome unless changes in the biomarker are correlated with clinical benefit.

Validation of a surrogate marker for ART-free remission will be complex because curative interventions may vary in their mechanisms of achieving ART-free remission. Therefore, each type of intervention may need its own set of biomarkers that require independent validation as surrogate endpoints. Candidate biomarkers are either virological (HIV nucleic acid, inducible virus production) or immunological (CLT, NK, antibody, immune activation, exhaustion markers, etc.) in nature.

**Preclinical Session**

Robert F. Siliciano (Johns Hopkins University) discussed the IPDA and other reservoir assays.4 Ya-Chi Ho found that most proviruses persisting in treated people living with HIV (PLWH) are defective owing to deletions and APOBEC3-mediated hypermutations. Most deletions are large; the only small deletions consistently seen are in the packaging signal (Ψ).3 The IPDA is a digital droplet PCR assay analyzing droplets that contain no more than one HIV provirus with two amplicons, one in Ψ and one in Rev-Responsive Element (RRE), which is also the region where hypermutations are common. Proviruses that have a 3′ deletion and/or are hypermutated are displayed in the upper left quadrant of the IPDA dot plot (Q1), proviruses that have a 5′ deletion are in the lower right quadrant (Q4), and intact proviruses are in the upper right quadrant (Q2, Fig. 1).

Optimal amplicon placement for other clades may be different and requires analysis of hundreds of full-genome sequences. The impact of DNA shearing on HIV quantification is corrected by amplifying a host gene (RPP30) using two amplicons with the same spacing. The IPDA correlates with
QVOA results in a statistically significant manner, although the IPDA gives higher values because it detects proviruses that are not induced in the QVOA [median ratio of intact proviruses/infectious units per million (IUPM) is 100]. Problems with the assay are that some polymorphisms can preclude amplification in ~7% of the samples, which can be corrected with alternative primers. Second, some defective proviruses with minor deletions are given in the upper right quadrant (Q2, 10%–15%), where intact proviruses appear (Fig. 1). In addition, the IPDA also does not provide information on HIV sequence or clonality.

Other approaches to reservoir measurement involve near-full genome sequencing (nFGS). These include assays such as FLIPS, FLIP-seq, and Q4-PCR, which all use nested PCR to determine the sequence of individual proviruses. In a comprehensive study, Dr. Siliciano evaluated six different published nFGS methods. The outer PCR common to these methods fails frequently and only detects one-third of intact proviruses measured by the IPDA. In addition, less sensitive detection methods are used, such as gel electrophoresis and Q-PCR, and they do not correct for DNA shearing. Although these assays provide ample qualitative information, caution should be used in drawing quantitative conclusions. In conclusion, the IPDA is a scalable assay that allows direct digital counting of intact proviruses.

The IPDA distinguishes populations of proviruses with different in vivo decay rates and susceptibility to shock and kill strategies. The IPDA does not provide information on inducibility, nucleotide sequencing, or clonality. Finally, the QVOA and related induction assays provide a definite minimal estimate of reservoir size but miss a substantial fraction of intact proviruses owing to the stochastic nature of induction. nFGS methods provide information on proviral intactness and clonality but are not quantitative and miss most intact proviruses. The use of multiple assays provides the clearest picture of the reservoir.

Michel C. Nussenzweig (Rockefeller University) explored ways to measure how impactful broadly neutralizing antibody treatments are. Broadly neutralizing antibodies have evolved from low to high potency between 1994 and 2010. Unlike drugs, antibodies have effector functions, and 10-1074 and 3BNC117 target different HIV epitopes. So far, ~200 volunteers have been treated with 10-1074 and 3BNC117 in a variety of clinical trials. The antibodies are safe, have fairly long half-lives, and can suppress viremia in people off ART. There is a transient increase in CD8 T cells that produce cytokines. To measure the reservoir, Dr. Nussenzweig adapted Bob Siliciano’s concepts into his own assay. The Q4-PCR consists of a nested near full-length PCR of ~9 kb followed by a Q-PCR using four primer pairs resulting in four amplicons (Ψ, gag, pol, env). He only sequences amplicons from wells that have two to four positive signals.

As already mentioned, the Q4-PCR measures a lower provirus number than the IPDA, owing to a lower amplification efficiency. The half-life for intact proviruses is 4.8 years and for defective proviruses >50 years, which is in agreement with previous publications. The assay provides additional information on clonality of the reservoir. It was shown that the reservoir increased clonality in both the intact and defective proviruses and decreased complexity over time. One needs to be cognizant that misclassified defective proviruses can artificially extend the half-life of intact proviruses. In a small set of samples, the results of the Q4-PCR and IPDA did not agree; in such cases, the therapeutic effect of an intervention could be underestimated, which is very relevant for small interventional trials. In summary, the IPDA is a rapid high-throughput assay, but cannot fully guarantee the intactness of proviruses.

Q4-PCR is low throughput and far less efficient than the IPDA. The half-life of the intact reservoir measured by Q4-PCR is the same as for QVOA and IPDA in the initial 7 years after ART initiation. The defective reservoir has a much longer half-life than the intact reservoir. Using two amplicons based on IPDA there is a significant and variable misclassification rate of intact proviruses, which may be less sensitive to changes in the intact reservoir. This is especially important in small studies and over relatively short time intervals, such as 1–2 years. The recommendation, therefore, is that for small studies or whenever possible, both digital droplet PCR (ddPCR) and sequence-based assays should be performed.

Una O’Doherty (University of Pennsylvania) presented “Beyond the Usual Subsets.” She studies reservoir dynamics using near full-length proviral sequencing. To enhance robustness, her team utilized frequent, longitudinal sampling and in-depth sequencing with ~100 proviruses per sample per time point. An important strength of this method is the ability to identify large proviral clones and minimize their
effect on reservoir decline because expansion of these clones obscures the true rate of reservoir decay.\textsuperscript{17} Provirial clones are defined as those sequences detected more than once and thus this method is only able to detect very large clones. Removing the identified clones results in a smoother, faster reservoir decay estimate. On the other hand, focusing on the repeated sequences revealed the importance of naive infection to reservoir repopulation with naive T cells defined as CD45RA\textsuperscript{+} CD27\textsuperscript{+} CCR7\textsuperscript{+} CD95\textsuperscript{−}.\textsuperscript{18}

Of note, the number of identified proviral clones increases steadily as T cells mature. This finding made it clear that naive T cells were truly infected as memory contamination was ruled out because of the distinct sequences identified in naive T cells. To emphasize this point, Dr. O’Doherty presented one example where clonality steadily increased from naive (6% clones) to effector memory (85% clones). In addition, five of the eight largest clones in the same patient originated from naive T cells suggesting the naive reservoir repopulated the memory reservoir. Her team also revealed that the level of naive infection appeared to predict HIV reservoir diversity more accurately than the other subsets. This conclusion was surprising because naive T cells have less HIV DNA than memory cells.\textsuperscript{19}

Naive T cells have attributes that could make them a formidable reservoir, such as their long half-life, and their resistance to CTL killing. In summary, the strengths of longitudinal sequencing include the ability to identify large clones, and the ability to define the contribution of individual subsets. Limitations include high cost, need for large cell numbers, and slow throughput. Eliminating latently infected naive CD4 T cells will be critical for HIV cure because they constitute a sheltered reservoir, repopulate memory cells, and are long-lived.

R. Brad Jones (Weill Cornell Medicine) and zabrina L. Brumme (Simon Fraser University) presented the impact of sequence diversity on the IPDA. Interindividual HIV sequence polymorphism can cause IPDA detection failure. In the studies of Kinloch and Ren,\textsuperscript{7} a detection failure of 28\% (all subtype B) occurred, but in Simonetti et al.\textsuperscript{20} there was only 6.3\% detection failure rate. He sequenced all individuals who failed detection and observed a sequence polymorphism in the probe or at critical primer residues in all instances of assay failure, more frequently in the \textit{env} than in the \textit{Ψ} amplicon. Some mutations do not or only minimally affect amplification. Therefore, he developed secondary primers and probes,\textsuperscript{7} which can detect essentially all sequences in his cohort. The secondary primer/probe set does not exclude hypermutated proviruses and is only designed to target subtype B proviruses.

Intraindividual polymorphisms can also lead to partial detection failures making the reservoir appear smaller than in reality. These detection failures have more weight in small clinical trials where sequencing of individual samples may be feasible and warranted. He applied some of these approaches to the eCLEAR study in Denmark,\textsuperscript{21} which had an enormous diversity of subtypes with $51\%$ not being subtype B (A, C, D, F1, AE, and AG). Therefore, he applied duplex digital droplet 3D PCR by adjusting the nucleotide sequence of secondary primers and probes of the \textit{env} region, which does not detect hypermutated proviruses. Overall, his laboratory developed 17 custom primers and 25 custom probes for the eCLEAR study. The IPDA correlated well with 3D PCR in individuals where IPDA primers bound to the HIV sequence.

Keith R. Jerome (\textit{env}) presented his cross-subtype IPDA in collaboration with Florian Hladik.\textsuperscript{22–24} Five targets are amplified in two assays (\textit{3pol, tat, env} and \textit{5pol, LTR/gag and env}). The \textit{env} probe detects hypermutated sequences as defective. The team sees a good correlation with the QVOA assay. Their DNA extraction process has low shearing, usually 20\% or less, which is corrected by a mathematical formula. Besides RPP30, the assay also amplifies the TRD gene (T cell receptor locus), which can be used to calculate the number of T cells from the extraction and the number of proviruses per T cell. This method has been used to calculate the proviral load in cervix, rectum, and blood.\textsuperscript{22} In collaboration with Dara Lehman, the team adapted the five-target (5T) ddPCR assay across HIV-1 subtypes.

They examined 2,400 full-length HIV sequences (171 subtype A, 1179 subtype B, 719 subtype C, 71 subtype D, 292 CRF01-AE) and identified specific nucleotide positions in which primer/probe binding sites differed in >10\% of sequences for any given subtype. In an iterative process, they changed up to six sites per primer, prioritizing the three bases at the 3’ end and at most one position per probe.\textsuperscript{24} However, they could not find a primer/probe set for \textit{tat} that reliably quantified subtypes B and CRF01-AE. Therefore, they chose to move forward with a three-target assay (LTR/gag, \textit{5pol}, and \textit{env})—Assay 2 of the 5T IPDA, termed CS-IPDA.\textsuperscript{24} The CS-IPDA has excellent agreement with absolute quantification by independent \textit{gag} quantitative PCR (qPCR) assay using JLAT 5A8 cells.

The assay is very sensitive (the absolute limit of detection is 1–3 copies per reaction), and 0/34 negative controls were positive by CS-IPDA. \textit{In silico} analysis shows good agreement with computational inference of intactness (ProSeq-IT) and provides a sense of overestimation of intactness (9.6 for subtype B and 15.5\% for subtype C) by CS-IPDA compared with full-length proviral sequencing. The team applied this assay to samples from infants living with HIV in Kenya.\textsuperscript{24} In summary, IPDAs are an effective way to estimate the intact HIV reservoir, and thus play an important role in HIV cure studies. The first generation of IPDAs were designed for subtype B and performed poorly on non-B subtypes. The cross-subtype IPDA (CS-IPDA) performs well on all subtypes (including subtype B), CS-IPDAs are already contributing to the study of HIV biology and cure interventions in regions most seriously impacted by HIV.

Deanna A. Kulpa (Emory University) presented about the role of T cell differentiation in the quantification of the replication competent HIV reservoir.\textsuperscript{25} Kulpa et al.\textsuperscript{26} demonstrated that although all memory CD4\textsuperscript{+} T cell subsets carry proviral HIV DNA, measurement of the inducible HIV reservoir showed that latency reversal occurs most readily in T\textsubscript{EM}, which have higher expression levels of transcription factors, such as NFAT and NF-κB, that support HIV expression. The T\textsubscript{EM} subset also has a more open chromatin structure, supporting higher levels of gene expression. Together, these data support the conclusion that the T\textsubscript{EM} subset provides a more permissive environment for HIV latency reversal. Thus, Dr. Kulpa examined an approach to latency reversal that focused on CD4\textsuperscript{+} T cell differentiation to an effector memory phenotype to maximize latency reversal from resting CD4\textsuperscript{+} T cells in the context of the “differentiation QVOA” (dQVOA).\textsuperscript{27}
To develop the assay a cohort of 12 participants was examined by standard QVOA and dQVOA. For the standard QVOA, CD4 T cells from cryopreserved peripheral blood mononuclear cells (PBMCs) were plated in a limiting dilution format in the presence of PHA, and gamma-irradiated autologous PBMCs and cocultured with autologous lymphoblasts at a 1:4 producer-to-target ratio. The dQVOA starts with 50–100 million PBMCs that are cultured in limiting dilution in a differentiation medium (IL-6, IL-7, IL-10, IL-15, TNF-α), which will transition the cells into an effector memory phenotype. After differentiation, the cells are activated with PHA and gamma-irradiated autologous PBMCs without redistribution of the cells. Because of the differentiation, the participants’ own CD4 T cells are the ideal targets for expansion. Therefore, target lymphoblasts do not need to be added and passaging of cells is not required during the culture.

The IUPM resting CD4 cells using cell dilution and positive HIV-1 p24 frequency are calculated using the maximum likelihood method. Dr. Kulpa found that dQVOA enhanced the sensitivity of viral outgrowth assay; ex vivo differentiation of resting CD4+ T cells followed by mitogen activation significantly increases HIV reservoir measurements over activation alone. dQVOA also allowed for IUPM measurements in two participants that were unmeasurable with the standard QVOA assay. For assay validation, a blinded panel was provided by RAVEN, which demonstrated that the data were reproducible. Evaluation of participants on short (1.8 years), medium (4.3 years), and extended (12.1 years) treatment demonstrated that long-term ART may not result in a smaller reservoir size, but instead CD4 T cells from long-term suppressed PLWH require additional signaling for effective viral reactivation. In summary, the advantages of the dQVOA are more efficient reactivation, major reagent and labor cost savings and that fewer patient cells are required.

Matthias D. Lichterfeld’s (Ragon Institute of MGH, MIT, and Harvard) presentation was entitled “Profiling individual HIV-1 reservoir cells: four generations of technology,” which encompasses FLIP-Seq, MIP-Seq, PRIP-Seq, and PheP-Seq. The first assay is a near full-length individual proviral sequencing (FLIP-Seq) technology, and involves DNA extraction, limiting dilution to obtain single proviral genomes, subjecting the near full-length amplicons to next-generation sequencing, and performing bioinformatics analysis. It can distinguish between intact versus defective proviruses, and allows to evaluate clonality, phylogenetic distance, CTL escape mutations, mutations in bNAb contact positions, tropism, and drug resistance mutations. In addition, the proviral frequencies can be corrected by a shearing factor to make the data more comparable with the IPDA. He evaluated two persons with a presumed natural cure of HIV-1 infection (The San Francisco and The Esperanza Patient) and did not find any replication-competent or genome-intact viruses in billions of cells.

The second assay is the matched integration site and proviral sequencing (MIP-Seq) assay. The assay can locate the chromosomal position of genome-intact proviruses and permits to assess their chromosomal location relative to transcriptional and epigenetic features in the host genome. He also proposed that integration sites can be used as a biomarker of selection of viral reservoir cells. In elite controllers, proviruses are integrated into very distinct regions of the genome (heterochromatin). In one person on long-term ART, there was a marked transformation of the proviral integration site profile over time, with a progressive accumulation of intact proviruses in centromeric satellite DNA. Defective proviruses did not undergo the same selection process. The third assay is the parallel HIV RNA, Integration Site, and Proviral Sequencing (PRIP-Seq) assay. The assay is a combination of the MIP-Seq assay with separate HIV RNA extraction and amplification of HIV-1 RNA transcripts.

With this assay, he can determine whether clones are transcriptionally active or silent. He analyzed 701 reservoir cells and found that proviruses integrated in genic regions are more transcriptionally active (~35%) than in nongenic regions (~20%) or satellite DNA (~5%). In summary, the PRIP-Seq assay evaluates transcriptional behavior of single proviruses, reflects the susceptibility of proviruses to in vivo viral reactivation signals, and evaluates the “depth” of latency. The fourth assay, PheP-Seq focuses on the phenotype of the viral reservoir cells. Memory CD4 T cells are isolated from patients, stained with oligonucleotide-tagged antibodies, followed by single-cell encapsulation, single-cell barcoding and multiplex single-cell PCR to amplify strategically important regions of HIV-1 DNA in conjunction with amplification of antibody tags. Overall, he used 53 selected surface markers and 2 isotype controls, and 18 HIV-1 DNA fragments totaling 4,080 bp, which allowed for a detailed phenotypic analysis and examination of individual clones. In summary, the PheP-Seq assay can evaluate the surface phenotype of infected cells directly ex vivo, can distinguish the phenotype of cells harboring intact versus defective proviruses, can simultaneously analyze >50 markers, and can evaluate the phenotype of individual infected cell clones defined by chromosomal integration sites.

Stephen H. Hughes (National Cancer Institute) discussed clonal expansion of infected cells in PLWH. HIV infections persist in those on successful ART because of the survival and clonal expansion of cells that carry infectious proviruses, not ongoing viral replication. Clones of HIV-infected cells arise in the first few weeks after HIV infection. Repeated isolation of the same host virus junction with different host DNA breakpoints is evidence for clonal expansion, and large integration site datasets are required to avoid sampling bias. The distribution of integration sites in those on long-term ART is remarkably similar to the initial distribution. In most cases, when a sizable clone is identified, both the 5′ and 3′ junctions are sequenced. He presented data from a total of >19,000 integration sites from two to three time points from each of three donors on successful long-term ART (from 9 to 19 years).

Clones of HIV-infected cells were, in general, much more stable than were clones of uninfected cells taken from the same donors at the same time points. Because the clones of infected cells were derived from cells that were infected before therapy was initiated, all the infected clones are old (>9 years). Even after >9 years on ART, clones of infected cells that are able to produce infectious viruses can grow either larger or smaller over an interval of 2–3 years. The size distribution of the largest clones of infected and uninfected cells was smooth and continuous for the three donors studied. However, the largest clones of uninfected cells were larger than the largest infected clones. For infected cells, the primary negative selection is against cells that have proviruses.
integrated into highly expressed genes; this selection is stronger for cells in which the proviruses are in the same orientation as the gene.

There is a positive selection for cells with a provirus integrated in particular introns of seven oncogenes: BACH2, STAT5B, MKL2, MKL1, IL2RB, MYB, and POU2F1. The primary mechanism of oncogene activation appears to be promoter insertion. Oncogene activation accounts for only a small fraction (2%–3%) of the clones of HIV-infected cells. The very limited data thus far suggest that most or all of these HIV proviruses integrated in these seven oncogenes are defective, suggesting that this mechanism does not contribute to the reservoir.

Mary F. Kearney (National Cancer Institute) presented about “Measuring HIV proviral expression in single infected cells in vivo.” By studying HIV expression in single infected cells she learned that in chronic HIV infection, ~90% of infected PBMCs carry proviruses that are not expressed at the time of sampling. On the contrary, the fraction of infected PBMCs with transcriptionally active proviruses (~10%) is not associated with levels of viremia in chronic infection. Levels of viremia are associated with the number of infected PBMCs and with the levels of HIV RNA in the ~10% of infected cells with transcriptionally active proviruses. Non-controllers have ~20-fold more infected cells than viremic controllers.

There is no difference in the fraction of infected cells with unspliced HIV RNA in noncontrollers, viremic controllers, and donors on ART. The fraction of infected cells with transcriptionally active proviruses is different in PBMCs and lymph node cells in nonviremic individuals suppressed on ART (~10% in both). Between 1% and 60% of infected cells within T cell clones have transcriptionally active proviruses.

Jonathan Karn (Case Western Reserve University) discussed his inducible reservoir assay [envelope detection by induced transcription-based sequencing (EDITs) assay], which stands for Env Detection by Induced Transcript Sequencing. The RNA induction assay gives an estimate of the number of cells harboring proviruses that can potentially produce infectious viruses after latency reversal. Env mRNA was chosen as a proxy for the intact provirus for this assay because it is a late transcript that requires both Tat and Rev for its synthesis and because it spans both the 3′ and 5′ regions of the provirus. The cDNA corresponding to the multiply spliced env mRNA is isolated from CD4+ T cells and amplified by nested PCR using a forward primer upstream of the major splice donor site combined with a reverse primer permitting identification of splice junctions spanning diverse regions of the genome.

The samples from different patients are barcoded, pooled, and sequenced simultaneously. This approach is efficient with respect to time and sequencing costs and allows accurate comparisons because input cDNA levels are effectively normalized. To reverse latency, transcription and elongation factors have to be activated and epigenetic blockage has to be removed. Because the Tat protein drives cells to maximal transcription, RNA levels are roughly proportional to inducible cell numbers. However, one of the challenges is to establish an accurate calibration curve to convert RNA read numbers into cell equivalents, and this is best achieved using limiting dilution assays. EDITs positive signals roughly correlate with IPDA estimates although the IPDA signals have a wider spread than the EDITs signals.

In this assay, the reservoir in women was slightly smaller than in men (p = .003). In another application, it was shown that women undergo an expansion of the HIV reservoir size during menopause. Similarly, in Ugandan PLWH (clade A1, C, D), the HIV reservoir sizes are smaller than with clade B in the United States but genetically more diverse. Dr. Karn is also developing an EDITs-style assay for SIV barcoded viruses in collaboration with Brandon F. Keele. Perhaps the greatest limitation of the assay is cytotoxicity during induction, which can be very significant for some donors. Detailed validation parameters are available upon request.

Claire Deleage (Fredrick National Laboratory) presented about “Deeper tissue analysis for cure research.” For immunohistochemistry, they have developed detailed standard operating procedures for >300 different antibodies. Next-generation in situ hybridization, RNAscope, and DNAscope can be performed in chromogenic or fluorescence approaches and multiplex with other cellular markers. Owing to its high sensitivity and by targeting multiple small portions of the viral genome, RNAscope can detect viral genetic copies within tissues of completely ART-suppressed animals and humans. She applied her techniques to some of the RV254 cohort tissue samples. In situ analysis of the sigmoid biopsies shows an increase of CD4+ T cells within the lamina propria at time of rebound and CD4+ T cells harboring vRNA before ATI in 5 of 12 participants.

Those observations demonstrate that despite plasma viral suppression and early treatment initiation, vRNA CD4+ T cells were found in a third of participants while on ART and detected in all at ATI, reinforcing the importance of the GALT as essential site of viral replication during ART interruption. She also collaborated with Dr. Mirko Paiardi, where in situ analysis of the lymph nodes of suppressed NHP helped to identify CTLA4+ PD1+ memory CD4 T cells as major contributors to viral persistence. Laser capture microdissection combines laser capture and laser cutting and allows to specifically select cells or regions of interest to then extract DNA (RNA) from formalin-fixed paraffin-embedded or frozen tissues.

More recently, her laboratory adapted an improved assay that overcomes some of the limitations of classic immunohistochemistry named the PhenoCycler-Fusion system (AKA Codex) from Akoya Biosciences. This new approach using barcoded antibody, allows for detection of >40 biomarkers while maintaining tissue integrity, and 70 antibodies for NHPs have been validated. In addition, applying artificial intelligence to tissue analysis, the Tissue Analysis Core in collaboration with the Advanced Biomedical Computing Center at the Frederick National Laboratory, developed a tool called HistomicsK, which allows accurate quantification of RNAscope and DNAscope signals as well as counting of CD4+ T cells with the goal to express the number of virion-infected cells and vDNA+ cells per million of CD4+ T cells.

Brandon F. Keele (Fredrick National Laboratory) discussed “Barcoded viruses for SIV and SHIV—a model for HIV cure research in NHP.” The barcode consisting of 10 random bases is inserted into the viral genome between the vpr and vpx genes, resulting in 10,000 different versions of the virus. Viruses carrying a particular barcode represent the lineage descended from the virus(es) carrying this
barcode in the initial inoculum. Barcoded SIVs are based on the SIVmac239 strain, and several barcoded SHIVs are available as well. To evaluate the reproducibility of PCR/MiSeq sequencing at the single-copy input level, cDNA of barcoded virus was diluted down to <50 templates per reaction, and it was found that 90% of all barcodes are within fourfold of each replicate.

Furthermore, animal barcode distributions are remarkably consistent over time with the log barcode proportion on day 7 postinfection (pi) highly correlated with day 9 pi. In addition, barcodes identified in various tissue compartments are nearly always found in plasma as well. Only 1.3% of barcodes found in any tissue were not also detectable in blood plasma. The in vivo growth rates are similar even if the challenge doses vary (500–200,000 IU) but the number of detectable barcodes increases with increasing challenge doses. Dr. Keele found that if ART is initiated early, the decay rates are faster compared with when ART is initiated later. Important viral reservoir research questions can be uniquely addressed using barcoded virus in nonhuman primates, for example, the pretherapy phase, decay during ART, reservoir changes over time, clonal expansion during the maintenance phase, and reactivation and rebound.

Dr. Keele reiterated that the reactivation rate is the average time between events with sufficient progeny to be detectable in blood plasma. Individual reactivation events can be readily detected, and the reactivation rate can be calculated using their relative proportion, which is a surrogate marker for the reservoir size. Dr. Keele is currently barcoding some HIV-transmitted founder (T/F) viruses for use in vitro and in humanized mouse models. New viral models containing an antigen tag, including fluorescently tagged and barcoded viruses are also in development.

Clinical Session

John W. Mellors talk (University of Pittsburgh) was entitled “Persistent Viremia as a Reservoir Marker.” In 2003, a new real-time reverse transcriptase-initiated PCR assay with single-copy sensitivity for HIV-1 RNA in plasma was published.43 This assay was used to determine that persistent viremia occurs in the majority of PLWH despite clinically effective ART. The decay of viremia under ART occurs in four phases (phase 1 = 1.5 days, phase 2 = 28 days, phase 3 = 273 days, and phase 4 = 11.1 years).44 The persistent viremia is unchanged after ART intensification, and this finding indicates that residual viremia does not arise from ongoing cycles of HIV-1 replication and infection of new cells.45 Rather, it has recently been shown that persistent viremia can originate from large T cell clones.46

In 2014, an improved single-copy assay (iSCA) for quantification of persistent HIV-1 viremia was developed.47 iSCA improves HIV RNA detection in test panels of donor plasma. RNA extraction from 20 mL of plasma results in a detection limit of <1 HIV-1 RNA copy per milliliter. In five donors with HIV-1 RNA below the limit of detection with standard iSCA, four of five became detectable with the mega-iSCA.47 The iSCA assay was then further improved (iSCA v2) with the 95% limit of detection being 1 copy per 5 mL of plasma.48 Automation of the SCA was then accomplished through the Hologic Panther platform by testing nine replicates of 0.5 mL of plasma (9 × Panther). For clinical samples, 9 × Panther was more sensitive than iSCA v2. Residual viremia measured by iSCA v2 correlated with IPDA after long-term ART (median 7.1 years).49 In the PENNVAX study, the Panther 9 × assay in the placebo arm showed that the levels of residual viremia were much lower when ART is given in acute versus chronic infection.

Jonathan Z. Li50 also found that higher residual viremia was associated with shorter time to rebound. In regard to the clinical trial A5345, iSCA was the best predictor of HIV rebound (vs. CA-RNA, total DNA, IPDA, and QVOA). Collectively, these studies demonstrate that measuring persistent viremia with a high-throughput SCA is promising for assessing the impact of experimental interventions of the expressed HIV-1 reservoir (Table 1).

Jonathan Z. Li (Brigham and Women’s Hospital) presented about “HIV reservoir assays in clinical trials.” Technological hurdles to current clinically focused HIV reservoir assays are as follows: (1) HIV-infected cells are rare, (2) the majority of HIV-infected cells harbor replication-defective proviruses, (3) the HIV reservoir is primarily located in difficult to study tissues, and (4) HIV-infected cells can be quiescent/latent. Treatment interruption (TI) studies are the gold standard for testing HIV cure strategies, but given issues/risks with TI, it will not be feasible to test all strategies with TI studies.51 As such, most early-stage clinical trials are evaluating the effect of interventions on HIV reservoir measures. In these trials, the use of multiple assays will provide a clearer picture of the HIV reservoir as no one single assay is able to quantify the replication competent provirus and its transcriptional activity (Table 2).

### Table 1. Low-Level Viremia Assays

<table>
<thead>
<tr>
<th>Strengths</th>
<th>Weaknesses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitive, specific, stable preintervention levels</td>
<td>Censoring from biology → more plasma should be collected</td>
</tr>
<tr>
<td>High throughput with automation</td>
<td>Variability over time (as clones expand/contract)</td>
</tr>
<tr>
<td>Correlate with</td>
<td>Not always measuring infectious virus</td>
</tr>
<tr>
<td>IPDA</td>
<td>May be from large, single-expanded clone (→skewing)</td>
</tr>
<tr>
<td>Timing of ART initiation</td>
<td></td>
</tr>
<tr>
<td>Time to rebound off ART</td>
<td></td>
</tr>
</tbody>
</table>

| More validation needed | |
| Response to interventions | |
| Association of change with outcome | |

ART, antiretroviral therapy; IPDA, Intact Proviral DNA Assay.
Sequencing-based assays Full-length sequencing assays underestimate reservoir size

QVOA Underestimate the reservoir size

qPCR or ddPCR-based assays Single amplicon DNA assays generally overestimate true reservoir size
HIV transcription: cell-associated HIV RNA
Low-level plasma RNA (single-copy assay)
TILDA: Tat/rev Inducible Limiting Dilution Assay
EDITS
Single-genome or long-read sequencing
Gene-specific or near-full length proviral sequencing

Two cycles of VRC07-523-LS infusion each followed by 10 doses of Vorinostat were administered to ART-suppressed participants. At baseline and at the end of the study, QVOA, IPDA, and caRNA measurements were performed on resting CD4+ T cells. In three of eight participants, there was a downward trend in IPDA, QVOA, and ca gog RNA. Then, she presented preliminary data from the XTRA study where HIV-specific, ex vivo–expanded T cells were infused in combination with Vorinostat. The primary objective was to evaluate the safety of autologous, ex vivo–expanded HIV-1–specific T cells (HXTC) therapy followed by serial administration of Vorinostat in participants maintained on suppressive combination ART and to evaluate the association of serial Vorinostat dosing and serial HXTC therapy on the frequency of resting CD4 T cell infection (IUPM) via the QVOA and IPDA in participants.

The secondary objective was to explore the ability of combination Vorinostat and HXTC therapy to increase HIV-1–specific immune responses in participants maintained on suppressive ART. In three participants, there was a trend in decline in IPDA and in two participants, a decline in QVOA measurements.

In addition, antibody levels (HIV-1+2 Ab, HIV Combo Ab, LAg-Avidity) were measured by Dr. Michael P. Busch. In A5345, smaller size and lower activity of the HIV reservoir predicted a modest delay in viral rebound, but the strength of the association was dependent on the timing of ART initiation. The IPDA was the strongest predictor of viral rebound time in chronic-treated and iSCA in early-treated participants although the number of participants was low. Systematic evaluation of reservoir assays and predictors of viral rebound timing is needed.

Nancie M. Archin’s talk (University of North Carolina at Chapel Hill) was entitled “IPDA and QVOA in clinical studies.” In collaboration with Dr. Ron Bosch, using longitudinal data from 160 QVOAs of resting CD4+ T cells from 36 durably, ART-suppressed participants over a period of 6 years, she identified a sixfold decline in the QVOA as a threshold to reliably identify effects of anti-latency interventions on resting CD4+ T cells. In a report by Hill et al., it was hypothesized that a 1,000–3,000-fold reduction of the reservoir is needed for a 1-year ART-free remission. However, to date, no LRA-based cure intervention has resulted in even a sixfold decline in reservoir measurements. She pointed out that current interventions may be active but not potent enough to achieve a convincing sixfold depletion by QVOA. She then described two LRA-based clinical studies that observed small changes.

In addition, it is not clear which assays are best able to predict the timing of HIV rebound after treatment interruption (Tables 3 and 4). The identification of biomarkers to predict time to HIV rebound will be important in developing and evaluating promising treatment strategies. The A5345 clinical trial aims to determine associations between virologic, immunologic, and host biomarkers and time to rebound. There was a modest delay in viral rebound in early treated individuals who remained off ART for a longer period of time. Laboratory virology assays used were unspliced cell-associated HIV RNA (CA-RNA), total cell-associated HIV DNA (CA-DNA), intact proviral DNA (IPD) assay (Access), residual viremia by the iSCA, and infectious units/million rCD4 cells (IUPM) by the dQVOA.

In addition, antibody levels (HIV-1+2 Ab, HIV Combo Ab, LAg-Avidity) were measured by Dr. Michael P. Busch. In A5345, smaller size and lower activity of the HIV reservoir predicted a modest delay in HIV rebound, but the strength of the association was dependent on the timing of ART initiation. The IPDA was the strongest predictor of viral rebound time in chronic-treated and iSCA in early-treated participants although the number of participants was low. Systematic evaluation of reservoir assays and predictors of viral rebound timing is needed.

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Table 2. Popular Assays to Measure the HIV Reservoir in Clinical Studies

<table>
<thead>
<tr>
<th>Assay Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>qPCR or ddPCR-based assays</td>
<td>IPDA: measures intact, 5’ defective and 3’ defective proviruses</td>
</tr>
<tr>
<td></td>
<td>HIV transcription: cell-associated HIV RNA</td>
</tr>
<tr>
<td></td>
<td>Low-level plasma RNA (single-copy assay)</td>
</tr>
<tr>
<td></td>
<td>TILDA: Tat/rev Inducible Limiting Dilution Assay</td>
</tr>
<tr>
<td>QVOA</td>
<td>Standard and dQVOA</td>
</tr>
<tr>
<td>Sequencing-based assays</td>
<td>EDITS</td>
</tr>
<tr>
<td></td>
<td>Single-genome or long-read sequencing</td>
</tr>
<tr>
<td></td>
<td>Gene-specific or near-full length proviral sequencing</td>
</tr>
</tbody>
</table>

Table 3. Key Limitations of HIV Reservoir Assays

<table>
<thead>
<tr>
<th>Assay Type</th>
<th>Limitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>qPCR or ddPCR-based assays</td>
<td>Single amplicon DNA assays generally overestimate true reservoir size</td>
</tr>
<tr>
<td></td>
<td>Cannot quantify transcriptionally active cells</td>
</tr>
<tr>
<td>QVOA</td>
<td>Underestimate the reservoir size</td>
</tr>
<tr>
<td></td>
<td>Expensive and labor intensive</td>
</tr>
<tr>
<td>Sequencing-based assays</td>
<td>Full-length sequencing assays underestimate reservoir size</td>
</tr>
<tr>
<td></td>
<td>Single-genome assays are expensive and labor intensive</td>
</tr>
</tbody>
</table>

ddPCR, digital droplet PCR; dQVOA, differentiation Quantitative Viral Outgrowth Assay; EDITS, envelope detection by induced transcription-based sequencing; qPCR, quantitative PCR.
through transcripts were 100-fold lower than initiated transcripts, which were present at very high levels ($10^4$–$10^5$ copies/μg), followed by 5’ elongated transcripts ($10^3$–$10^4$ copies/μg). Polyadenylated transcripts were in the same range as read-through transcripts and multiple-spliced (tat-rev) transcripts were the lowest. Activation increased initiated RNA transcripts by 2-fold but resulted in progressively greater increases in 5’ elongated (7-fold), polyadenylated (22-fold), and multiple spliced (86-fold) transcripts, suggesting reversible blocks at successive stages of HIV transcription in resting cells.

In the blood, most HIV-infected CD4+ cells initiated transcription. The relative order of cell frequencies positive for each HIV transcript mirrored the HIV RNA levels per $10^6$ cells, suggesting that the observed transcriptional blocks operate in most infected cells. In tissues, there is a lower level of HIV transcription initiation than in blood.$^{57,58}$

These assays were also applied to study the effects of latency modulating agents and the mechanisms of post-treatment control. Romidepsin increased HIV transcriptional initiation and elongation in vivo, whereas ABX464 decreased HIV transcriptional initiation in vivo (latency-promoting agent). In noncontrollers, viral rebound after ATI was associated with increases in HIV transcriptional completion and splicing, not initiation. Post-treatment control was associated with an early limitation of HIV RNA splicing and a delayed

![Diagram of HIV genome and transcript types](image-url)

**FIG. 2.** Shown is a map of the HIV genome (representing the proviral DNA), types of HIV transcripts, and the sequence regions detected by different assays. “Read-through” suggests transcriptional interference, “TAR” is found in all HIV transcripts, indicates initiation of transcription, and a more than twofold excess over long LTR suggests inhibition of elongation, “R-US/Gag” (long LTR) represents elongation, “Pol” represents elongation past Gag and is found only in unspliced HIV RNA, “Nef” indicates that transcription has proceeded almost to the 3’ LTR, “U3-polyA” (PolyA) shows completion of transcription and is a surrogate for HIV protein, and “multiple spliced Tat/Rev” (Tat-Rev) shows completion of splicing with the potential to overcome blocks to initiation, elongation, and export, which is a surrogate for productive infection.
Levels of different HIV transcripts also have implications for understanding clinical disease. First, MS tat-rev RNA is a marker for productive infection. Second, a higher ratio of US/MS HIV RNA before ART correlates with disease progression; a lower ratio is observed in long-term nonprogressors, and a higher ratio of US/MS HIV RNA at 12 weeks post-ART correlates with lower immunologic response and higher T cell activation at 48–96 weeks. Third, US HIV RNA correlates with T cell activation (%CD38+ cells, dimer levels). Fourth, the rectal HIV RNA/DNA ratio is one of the few markers for productive infection. Second, a higher ratio of US/MS HIV RNA before ART correlates with disease progression; a lower ratio is observed in long-term nonprogressors, and a higher ratio of US/MS HIV RNA at 12 weeks post-ART correlates with lower immunologic response and higher T cell activation at 48–96 weeks.

Michael P. Busch (Vitalant Research Institute, VRI) presented on “Comparative Assessments of Reservoir Assay Performance (RAVEN Program).” The RAVEN cohort and repository include clade B samples (UCSF: Options/Scope) from early and chronic ART initiation, elite controllers, non-suppressed controllers, and HIV-negative individuals and clade C [South Africa National Blood Service (SANBS)] with ART initiation at Fiebig stages II–VI. The program created dilution series of plasma from viremic patients for clades B and C using both uninfected donor serum (“base matrix”) and antiviral plasma from antibody-positive highly suppressed Scope participants. They also prepared dilution series of PBMCs from highly suppressed patients using uninfected blood donor PBMCs as diluent (Table 5).

Assays used to characterize all RAVEN collections were the 45-replicate Aptima assay for HIV-1 RNA in plasma (VRI), the quantitative RT-PCR (qRT-PCR) for cell-associated (CA) HIV RNA (LTR region) in CD4 cells (VRI), the nested qPCR for CA HIV total DNA (LTR-gag region) in CD4 cells (VRI), the nested qPCR for CA HIV-integrated DNA (Alu LTR sequences) in CD4 cells (VRI), and the dQVOA for replication-competent HIV in resting CD4 T cells enriched from PBMCs. He highlighted two publications that resulted from the use of the RAVEN panel intra-lab and inter-lab comparison of QVOA, TILDA, and iCARED (inducible cell-associated RNA expression in dilution) assay. The RAVEN panel was also involved in standardizing single-copy assays for HIV RNA in plasma. At present, RAVEN is focused on completion of analyses and articles based on plasma and PBMC evaluation panels (Table 5).

The limit of detection of five participating ultrasensitive plasma RNA assays has been established using the RAVEN panel. In the meantime, scientific and administrative oversight of the RAVEN program including the repository and additional pedigreed panels have been transferred to the Virology Quality Assessment (VQA) Program, a National Institute of Allergy and Infectious Diseases (NIAID) contract currently held by Duke University.

Deborah Persaud (Johns Hopkins University) presented “HIV Persistence Assays for Pediatric Cure Clinical Trial Endpoints.” As of 2020, an estimated 1,551 participants were enrolled in five International Maternal Pediatric AIDS Clinical Trials (IMPAACT) Network HIV Cure Studies at 38 sites in 12 countries (Table 6). Main key considerations for pediatric HIV reservoir assays are allowable blood volume per study visit and that naive and memory CD4 T cell subsets vary considerably by age. Molecular assays are the most feasible in pediatric studies, but they need to be subtype specific. In 2014, the Persaud laboratory, a subspecialty HIV laboratory for the IMPAACT Network, worked on developing a CLIA-certified droplet digital PCR assay for HIV DNA quantitation. This HIV single-plex DNA assay targeting LTR-gag that was modified from an assay developed by Matt Strain and Doug Richman and was first CLIA certified in August 2017.

### Table 5. RAVEN Evaluation Panel Study Assays

<table>
<thead>
<tr>
<th>Plasma evaluation panel</th>
<th>PBMC evaluation panel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Automated replicate</td>
<td>Quantitation of integrated HIV provirus by pulsed-field gel electrophoresis and droplet digital PCR</td>
</tr>
<tr>
<td>9-replicate Aptima HIV-1 Quant assay on the Panther platform</td>
<td>Novel ddPCR assay to quantify intact HIV-1 provirus</td>
</tr>
<tr>
<td>18-replicate Aptima HIV-1 Quant assay on the Panther platform</td>
<td></td>
</tr>
<tr>
<td>Ultracentrifugation</td>
<td>EDITS+NGS-based protocol to measure inducible cell-associated HIV-1 RNA</td>
</tr>
<tr>
<td>HMMC single-copy assay measuring HIV-1 gag RNA</td>
<td></td>
</tr>
<tr>
<td>Microcentrifugation</td>
<td>Detection of p24+ cells by flow cytometry upon stimulation with PMA/ionomycin (HIV-Flow)</td>
</tr>
<tr>
<td>HIV-1 integrase single-copy assay v2.0 (ISCA UPMC)</td>
<td></td>
</tr>
</tbody>
</table>

HMMC, HIV Molecular Monitoring Core; iSCA, improved single-copy assay; PBMC, peripheral blood mononuclear cells.

### Table 6. IMPAACT Network HIV Remission/Cure Clinical Trials (June 2022)

<table>
<thead>
<tr>
<th>Protocol number</th>
<th>Biomarker readout</th>
</tr>
</thead>
<tbody>
<tr>
<td>P1115</td>
<td>HIV DNA, QVOA</td>
</tr>
<tr>
<td>IMPAACT 2008</td>
<td>HIV DNA, TILDA</td>
</tr>
<tr>
<td>IMPAACT 2015</td>
<td>HIV DNA and RNA in CSF</td>
</tr>
<tr>
<td>IMPAACT 2039</td>
<td>HIV DNA (Intact)</td>
</tr>
<tr>
<td>IMPAACT 2028</td>
<td>TILDA</td>
</tr>
<tr>
<td>IMPAACT 2022</td>
<td>HIV DNA (IPDA)</td>
</tr>
<tr>
<td>P1107</td>
<td>Proviral landscape analyses</td>
</tr>
<tr>
<td></td>
<td>HIV DNA, QVOA</td>
</tr>
<tr>
<td></td>
<td>Single-copy viral load</td>
</tr>
</tbody>
</table>

IMPAACT, International Maternal Pediatric AIDS Clinical Trials.
Blinded validation panels were received from the Duke University EQAPOL program, NIAID VQA, and NIBSC, United Kingdom (subtypes A, AE, AG, B, C). Next, Dr. Persaud discussed her clinical trial experience with HIV persistence assays. In IMPAACT P1030, the first trial of lopinavir-ritonavir–based ART for early treatment of infants, the HIV DNA:QVOA ratio ranged from 66 to 148. Of note, 2-LTR circles contributed substantially to total HIV DNA during the first 2 years of early ART in perinatal infection, with implications for newer assays to quantify intact proviruses, such as the FLIP-seq and IPDA discussed previously. In early-treated infants (P1030), there is a stable persistence of unspliced HIV RNA and a decrease in multiple-spliced HIV RNA. Compared with the QVOA, the TILDA assay provides a feasible approach to quantify induced proviral reservoirs in adult and perinatal infection, as fewer cells are needed. For pediatric studies, a modified TILDA is required (the Enhanced TILDA) to maximally detect HIV reactivation. For IMPAACT clinical trials applications, an IPDA that covers subtypes A1, B, C, D, and F1 is necessary, and for some studies will require CLIA certification, as for IMPAACT P1115. In summary, given the current lack of availability of a validated cross-subtype IPDA, total HIV DNA serves as a reasonable biomarker to assess the efficacy of early treatment interventions where infected cell frequencies can reach to below the limits of detection of the assay, as well as in transplant settings aimed at treatment for malignancies where HIV eradication has occurred as in the IMPAACT P1107 study.

The addition of the Enhanced TILDA to HIV DNA PCR allows the estimation of induced proviruses and their targeting, which will be greatly enhanced with a cross-subtype IPDA. The incorporation of proviral landscape analyses enables in-depth assessment of proviral dynamics, reservoir composition, diversity/cloneality during novel interventions, including immunotherapies. Finally, subtype diversity and rigorous assay validation are key considerations for molecular assays applications in pediatric cure trials.

Gregory M. Laird’s (Accelevir Diagnostics) talk was entitled “Progress on commercial clinical tests for HIV persistence to support global clinical trials.” When selecting HIV persistence assays for clinical trials, important assay parameters to consider are the capability for absolute quantification, scalability, cost, and availability of analytical qualification data. He provided a review of recent relevant IPDA data performed by Accelevir. In a summary of 3,200 IPDA measurements from ART-treated PLWH from across North America and Europe, the median absolute frequency of intact proviruses per million CD4+ cells is 46 proviruses and 502 total proviruses. Of those proviruses, 9.7% were intact, 48% hypermutated/3’ deleted, 38.3% 5’ deleted, and 4% estimated as 5’ and 3’ defective. IPDA amplicon signal failure owing to polymorphism remains infrequent across subtype B (P failure 4% and env failure 3%).

These findings are consistent with those in Simonetti et al. Using the IPDA, intact and defective proviruses have been detected throughout the body (blood, intestines, liver, spleen, lymph nodes, kidney, prostate, lung, brain, and GALT) in ART-treated PLWH. In new longitudinal studies of HIV reservoir dynamics, IPDA and QVOA measures of the HIV reservoir correlate over a time span of 20 years of ART.

To support growing IPDA demand, Accelevir implemented automation across all sample processing, quality control, and IPDA execution can be further scaled. Analytical performance studies show that the IPDA is accurate and precise across multi-log range using both contrived control samples (JLA/T6.3 cells, HIV spiked into negative samples) and real-world samples from PLWH. Such analytical performance data support assay use in early trials and are generally required for primary endpoints and clinical tests (Laboratory developed test and In Vitro Diagnostics). Accelevir is working toward a single, unified group M IPDA design. The IPDA expansion to new subtypes must be supported by both sequence conservation data and robust proviral SGS-based landscape analysis of intact and defective proviruses collected from cohorts with subtype and geographical diversity.

Initial Accelevir data show small but meaningful differences in the ratio between intact and defective proviruses for subtypes B, C, D, and AE, highlighting the importance of sequencing-based proviral landscape analysis in supporting assay design. To ensure that this sequencing-based proviral landscape analysis is accurate, optimal DNA extraction, primer design, and long-distance PCR chemistry are critical. In particular, DNA shearing and long-range PCR efficiency disproportionately impact intact proviruses, resulting in significant skewing of the proviral landscape. In addition to the IPDA, Accelevir offers several other complementary assays for persistent proviral DNA (proviral SGS, env sequencing), virus expression (CA-RNA-dPCR, Aptima 9-rep SCA, standard HIV plasma viral load), and virus induction (QVOA).

Discussion

Two discussion panels were held, one for the preclinical session and one for the clinical session. In the preclinical panel discussion, the following questions were asked:

1. What are the strengths of current assays?
2. How should assays be validated?
3. What are the limitations of current assays? What improvements are needed?
4. Is it important to measure the latent versus the expressed reservoir?
5. Is it important to measure the cell types comprising the reservoir?
6. Do assays performed on blood represent tissue reservoirs?

The panelists Drs. Joel Blankson, John Coffin, Lisa Frenkel, Ya-Chi Ho, Jeffrey Lifson, Frank Maldarelli, and Janet Siliciano made the following points:

- There is a strong need for modeling of virus decay before/after ATI.
- Precision, sensitivity, and specificity of the assays need to be optimized, but one may then find a small difference in an intervention that is meaningless. Specificity is needed to avoid false positives, sensitivity depends on the question asked, and reproducibility is inversely correlated with the frequency of the target.
- Enormous resources are invested into clinical trials (financial, investigator time, patients). The results ob-
tained from clinical samples should be maximized and as many HIV reservoir assays as possible should be performed. For example, DNA and RNA can be extracted from the same cell. The limitation of sample numbers and volumes are the crucial issues.

- Data are needed whether the viruses found in these assays are the same found in the rebound virus pool after an ATI. Rebound most likely will come from tissues not blood. The rebound virus could not be reliably detected using DNA methods. An assay for persistent virus in patients that have viremia is also needed. Stopping therapy does not induce the virus, it only reveals the virus that is already present. An ATI should not be performed on patients that still have persistent viremia, which usually consists of infectious virus. The pool of virus producing cells is very small.

- Some of the rebound viruses are neutralized by autologous antibody. Pollack et al. have demonstrated that defective proviruses, particularly those with packaging signal defects, can produce viral RNA, viral protein, and virion and serve as a decoy that drains immune responses against intact proviruses. Simonetti et al. have shown that residual viremia is dominated by defective clones. Measuring residual viremia is critical as a marker but taking aNAbs into consideration is also important.

- NHP models and barcoded SIVs and SHIVs have many advantages, for example, for tracking clonal expansion, decay over time, but one cannot follow infected animals on ART for 20 years. Clinicians and animal modelers should work together in an iterative process.

- Advancements in single-cell multi-omics enables profiling T cell clone dynamics and HIV reservoir profiling. The field should continue to explore new assays to inform mechanisms, so the interventions can be improved.

In the clinical panel discussion, the following questions were asked:

1. Which reservoir assays are most important to include in interventional studies?
2. What assay validation is needed before incorporating into clinical studies?
3. What new assays are needed?

The panelists Drs. Katherine Bar, Marina Caskey, Bonnie Howell, Dan Kuritzkes, John W. Mellors, and Sandhya Vasan made the following points:

- For clinical trials, assays are needed that can be used very soon; IPDA is gaining interest because it requires fewer cells. Feasibility is challenging; it needs to be determined what assays can be done with small plasma or cell amounts. The sample volume collected at key time points is critical.

- Whether the latent or expressed reservoir should be studied depends on the biological question and the interventions under investigation. The target, pharmacodynamic and proof of mechanism biomarkers should be assessed. The clinical significance of protein expression is not yet understood. QVOA should be performed on all cells, not just on resting cells.

- Choice in assay type would also depend on whether the goal is remission or eradication. The expressed HIV reservoir should be measured before an ATI. The assays can be used for predictive algorithms and to study the scientific mechanisms. PET imaging may be useful in assessing changes in reservoir during ATIs and effects of immune response or interventions. Other biomarkers needed are predictors of post-treatment control and predictors of viral suppression off therapy.

- The limitations of the assays need to be understood. There are two main issues with the IPDA. First, there is no absolute guarantee that the provirus is intact, and second, HIV sequence polymorphism can abrogate primer binding.

- The tiers of assay validation are as follows: (1) validation of the actual performance of an assay, ideally in more than one laboratory, (2) validation in the regulatory sense to show that the assay is a true correlate or surrogate.

- Studying HIV clones provides a lot of information; however, rebound can come from minor variants. We do not have knowledge about variation across clones. In clinical studies, at least 1,000-fold reduction of the HIV reservoir is needed. Will the same assays work for clonal populations versus single infected cells?

- The role of placebo arms in clinical trials was questioned—it is needed in the absence of validated assays and correlates or predictors of time to viral rebound. The required validation depends on the level of endpoint (primary, secondary, exploratory, etc.). At a minimum, the primary endpoint should be validated.

- In-home testing assays to detect early viral rebound are also needed.

Acknowledgments

The authors thank Drs. Katherine Bar, Joel Blankson, Marina Caskey, John Coffin, Lisa Frenkel, Ya-Chi Ho, Bonnie Howell, Dan Kuritzkes, Jeffrey Lifson, Frank Maldarelli, Janet Siliciano, and Sandhya Vasan for serving on the discussion panel.

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In addition, the authors thank NIAID Meet, in particular Reigha Jones, Eric Delaney, and Brian Pinson, for help with execution of the workshop.

Author Disclosure Statement

Dr. R. Siliciano is an inventor on a patent application for the IPDA filed by Johns Hopkins University and licensed by Accelevir Diagnostics. He holds no equity interest in Accelevir Diagnostics.

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